

Spirituelles Coaching



Individual-Coaching

MARTIN G. ARMBRUSTER

Spiritual Coach
Healing for Consciousness

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Location:

Baderstrasse 4, 8400 Winterthur

Directions

From Winterthur main station, you can take bus number 3, 5, or 7 to the Grünenstrasse stop, which is just a 2-minute walk away. Another option is to take the train to Grütze station and then walk approximately 8 minutes to reach your destination. Parking is available in the blue zones near the building.

The fee of CHF 150 per hour is due in full at the time of booking and is required to be paid in cash, through Twint, PayPal, or IBAN.

The organizer disclaims all liability, emphasizing voluntary participation. Detailed terms and conditions and the complete disclaimer can be accessed on the [homepage](#). Any recording (sound/photo/video) is strictly prohibited.

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Individual-Coaching Sessions are highly personalized, adapting to the individual and the specific topic at hand. Centered around your unique requirements, the essence of individual coaching lies in fostering your transformation and spiritual growth.

Course of Action

Please bring your topic, emotions, emotional blockages, or situation to the session. There is no need to verbally articulate the issue. All you need to do is access the emotions you want to transform. This will bring you direct relief and relaxation regarding your selected topic. Through this process, you will feel an increase in life energy, leading to a better quality of life.

The focus is on you and your transformation, hence the course of each session varies. It can involve coaching conversations, coaching with Shaktipat meditation, or be complemented by addressing individual topics. The approach is customized to address your specific concerns, aiming to transform them or minimize them to facilitate easier handling. Often, underlying issues that are more constraining or limiting come to light during the session. In such instances, they are promptly addressed and solved.

Duration & Compensation

As a rule of thumb, 60 –90 minutes are sufficient for individual coaching. The compensation is CHF 150/hour.

Should you have any further questions, please do not hesitate to contact me.